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## FROM THE COURT TO THE RED CARPET **CELADRIN TIGERETTES SHOOT FOR A** 20<sup>th</sup> GOLDEN YEAR

KEARNY, NJ (Feb. 6, 2013) – They can skip the china for their 20<sup>th</sup> anniversary, the Celadrin Tigerettes have proven they are the real golden girls of the basketball court with seven Olympic gold medals and the most winningest record (an astonishing 198-5) in the National Senior Games competition. Now in their 20<sup>th</sup> year, this six-member senior women's basketball team is less concerned with aging gracefully, and more focused on aging productively.

This will be a busy year for the slam-dunk grandmas whose captivating story will air on PBS as part of the Documentary Foundation's, award-winning film, "Age of Champions," while in July they compete for their eighth gold medal in the National Senior Games taking place in Cleveland.

Mavis Albin, Loretta Hill, Nikki Leader, Wanda Blailock, Mary Bendsen and Catherine Sparacello range in age from 65 to 76, and have been undefeated for more than a decade since they started earning Senior Olympic gold in 1999. They are also the only team in the Senior Olympics to have a corporate sponsor, the makers of Celadrin, a natural ingredient that has been clinically proven to reduce pain, promote joint health and improve flexibility and mobility.

"We love that Celadrin is our sponsor because we all use supplements that have Celadrin as the active ingredient," says team captain, Albin. "After any given tournament we leave with broken fingers, bruises and beat-up joints and Celadrin is how we recover from that."

And recover indeed, from a half-court press to a stroll down the red carpet, the Celadrin Tigerettes are making more than a name for themselves, they are inspiring older and younger generations alike to stay active.

"What I think is really special about the Celadrin Tigerettes and the other senior athletes we feature in our film, is that despite old age. losing a spouse and fighting cancer, these athletes decided to keep

pursuing their dreams," says Christopher Rufo, director of "Age of Champions." "They decided that no matter what age you are, you can accomplish something great."

**KEEPING SCORE** 

The Celadrin Tigerettes are the team to beat in the National Senior Olympics with one of the most successful records in sports. Here's a look at the Celadrin Tigerettes by the numbers:

1999: First Gold Medal Win 198: Total Career Wins

76: Oldest Player

65: Youngest Player

30: Grandchildren (collectively)

20: Years as a Team

7: Senior Olympic Gold Medals

6: Members on the Team

5: Total Career Losses

To view the trailer for "Age of Champions," go to: www.ageofchampions.org. To learn more about the Celadrin Tigerettes visit: www.celadrininfo.com/tigerettes.html; and the National Senior Games at: www.nsga.com.